

Theem College of Engineering

Approved by AICTE (New Delhi), Government of Maharashtra & DTE

Affiliated to University of Mumbai & MSBTE

"A NAAC Accredited Institute"

Village Betegaon, Boisar Chilhar Road, Boisar (East), Tal. & Dist. Palghar - 401 501.

Tel.: 7769916109 ● Telefax: (02525) 284 927 ● Email: info@theemcoe.org ● Website: www.theemcoe.org

Ref.no: - TCE/EST/2028-24/330

Date: -19 /03/2024

7. INSTITUTIONAL VALUES AND BEST PRACTICES

7.1 - Institutional Values and Social Responsibilities

Subject: Summary of gender equity promotion programs organized by the institute,

Reference: 7.1.1: - Institution has initiated the Gender Audit and measures for the promotion of gender equity during the last five years. Describe the gender equity & sensitization in curricular and co-curricular activities, facilities for women on campus etc.

With reference to above subject, following details of gender equity programs are provided. The details of the activities are enclosed.

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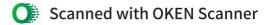
Dr.Riyazoddin Siddiqui PRINCIPAL THEEM COLPEGE GRENGINEERING Bolsar (East), Tal. & Dist. Palghar-401 501

Enclosures:

- 1. Index.
- Summary Report.

Admn. Office: 310, Yusuf Building, Veer Nariman Road, Fort, Mumbai - 400 023.

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Criteria-7 Institutional Values and Best Practices

7.1 Institutional Values and Social Responsibilities

Key Indicator 7.1.1:

Institution has initiated the Gender Audit and measures for the promotion of gender equity during the last five years. Describe the gender equity & sensitization in curricular and co-curricular activities, facilities for women on campus.

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Year	Title of program	Page Number
2022-23	Workshop on Women's Safety on the occasion of International women's day2023	
	Rangoli Competition "Theme Women Empowerment	4 to 21
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	Workshop on self Defence	22 to 37
2020-21	Workshop on Cyber awareness "Occasion of International Women's Day"	38 to 40
2019-20	Workshop on" Female Safety Riding" On the Occasion of International Womens Day	41 to 51
	Workshop on "Oral Hygiene" on Occasion of International Women's Day -2019	52 to 60
	3 Days Workshop on Self Defence "Stress management and mental health"	
2018-19	3 Days Workshop on Self Defence "Karate Session"	
	3 Days Workshop on Self Defence "Group Discussion Teaching Women a self-defence is only way to avoid sexual assault"	61 to 86
	Workshop on Laws of Women Safety	87 to 96



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7.1 Institutional Values and Social Responsibilities

7.1.1: Institution has initiated the Gender Audit and measures for the promotion of gender equity during the last five years

Year	Title of management of the profile profile of the profile of the part of the p	otion of gender equity duri	Ing the last live years. Number of
	THE OF PROGRAM	Date	participants
2022-23	Wokrshop on Women's Sefety on the occasion of International women's day2023	08-03-2023	29
	Rangoli Competition " Theme Women Empowerment	14/03/2023	36
2021-22	Poster competition on the Occasion of international Women's day "Gender Equality today for sustainable tomorrow"	08-03-2022	28
	Workshop on self Defence	10-03-2022	83
2020-21	Workshop on Cyber awarness "Occasion of International Women's Day"	08-03-2021	22
2019-2020	Workshop on" Female Safety Riding" On the Occasion of International Womens Day	05-03-2020	74
	Workshop on "Oral Hygiene" on Occasion of International Women's Day -2019	03-08-2019	49
	3 Days Workshop on Self Defence"Stress management and mental health"	10-10-2018	108
2018-2019	3 DaysWorkshop on Self Defence"Karate Session"	11-10-2018	77
	3 DaysWorkshop on Self Defence"Group Discussion Teaching Women a self defence is only way to avoidsexual assault"	12-10-2018	42
	Workshop on Laws of Women Safeth	15/10/2018	80





THEEM COLLEGE OF ENGINEERING BOISAR

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Criteria VII

7.1.1 Number of gender equality Promotion programmes organized during the last five year

Original document of the gender equity programs are with Prof.Sneha Sankhe



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Village Betegaon, Near Union Park, Boisa- Chilhar Road, Boisar (E), Tal.-Dist.-Palghar, 401501. Tel: - (02525) 284909 / • Telefax: (02525) 284 927 • Email ID: ii fo@theemcoc.org • Website: www.theemcoc.org

Event Report of workshop on "Women Safety" on occasion of International Women's Day, 2023.

Date -08th MARCH 2023

Time - 11:30 AM to 01:00 PM

Mode of conduction - offline workshop

Venue - Seminar Hall, 2nd Floor

Objectives:

- To make students and staff aware, cautious, and equipped in times of need to reduce the number of crimes against women.
- To motivate girl students that our safety is in our hands.
- To make aware about rights & privileges of women.

Outcomes:

- The workshop talked about the basics of the self-defense system, how one should react in an unfriendly situation.
- This workshop underlined the personal safety guidelines to be followed at home, public transport, outstation travel, hotel safety and social gathering.
- This Workshop also generated awareness among the audience about striking and defensive techniques as well as guided on how one should tackle multiple attackers, react and deter the intents.

Report of the Program

The WEGRC in association with IQAC, IIC and NSS of Theem College of Engineering, has organized a workshop on "Women safety" on occasion of International Women's day 2023 to spread awareness among girl students about their safety.

The program started at 11:30 am with the welcome speech by Prof. Sonali Karthik. She also briefed the audience about the Theem IIC activities & its achievements.







Speaker of the session Mr. Suresh Salunkhe, Assistant Police Inspector Boisar police station briefed girl students that society is very much concerned about women safety but most women should make herself strong physically and mentally to face the challenges. He also briefed that the police department is always there to implement law and order and in case of need, the police department should be contacted immediate y. He also shared helpline numbers among girl students.

In total 59 girl students and 8 faculty members were present during the workshop.

Prof. Sneha Sankhe

WEGRC Convener

Dr. S. Riyazoddin

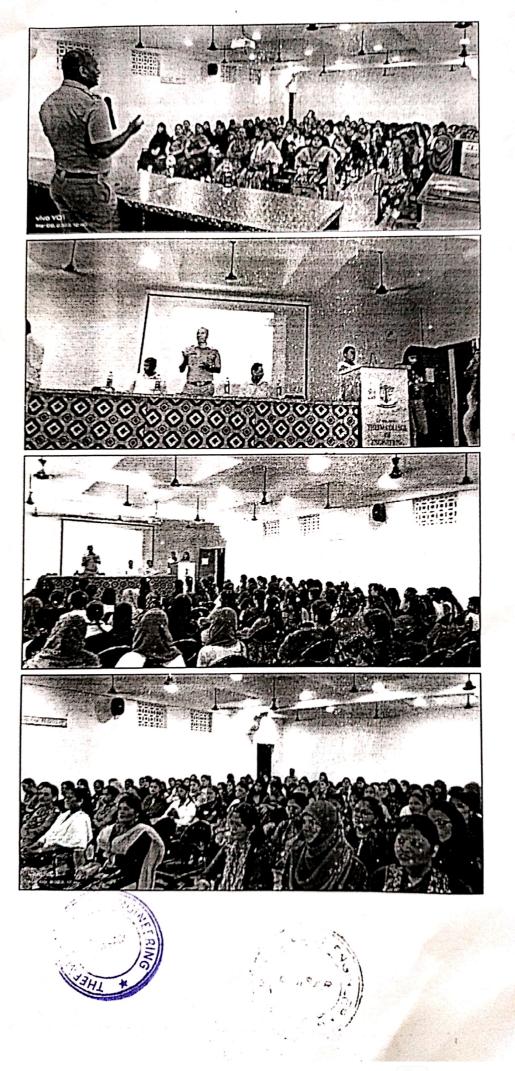
Principal

Director











H. J. Thim Trust's Theem College of Engineering, Boisar Women Empowerment and Grievance Redressal Cell

Date: 08/03/2023

Name: Women Safety

Name: Mr. Suresh Salunke

(RESOURCE PERSON)

Sr. No.	Name of the [Student/Faculty]	Branch	Sign
1	Mariya. Z. Siddiqui	Computer	Rawin
2.	Mahet & Shairh.	Comps	
3.	Alisha Shaikh.	Comps	Alich
4.	Mitali Mhatre.	IT (T.E	Mis
5.	Hanima khan.	IT (T.E)	AL.
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11. :	Valbhari nose	Ig. comp	Stois-
12.	Saundarya Resul	Sy. comp	Scout
13.	Niya Sankhe	Sycomp	(A)
14.	Brund Sankhe	Sq.comp	Bankle
12.	IKVO Shaikh	Sy. comp	Auson.
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•	35	Prapti Santosh Patil	BE IT	AV.	
	36	Prapti Santosh Patil	SE IT	Fatil	
	37	Sanjuh Rajendra Sankhe	TEIT	INakke	
No.	38	Rutiya Jadhay	TEIT	Peulmi-	
	39	Tanvi Raut	TE IT	JA ROUST	
	40	Stradlha Deshnukh	T. E. IT	Vertonik	
-	41	Trobi Mallah	Bb-IT		1
-	42	Sneha Halde	DSE- AIML		1
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-	48	Halima Khan Steet Orcia	11th Sci/IT	Harris	T`
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H	50	Amrita Jaisway	11th Soi/ It	an:	1
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	53	Sumaiya · Khalid · Shrikh	F.Y.J.C	Pooya	
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60.	Mrs. Incha Saukle	IT	Barr
र्हा .	Mrs. Surekha Attande	Elect	-Rofford
82	Sonali Karthik	I.T.	Lind
63.	Mrs. Tejasvi Bani	I.T.	(1) Be-
64	Mrs. Navajyothi Katelar	Elect	Orde.
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66	Sheeba Naaz. Shahegul Ajroz	Ellet	
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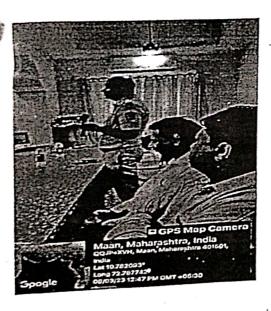


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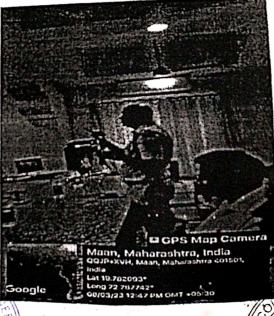
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EVENT PHOTOS









SHN-E-THEEM RANGOLI COMPETITION

DATE-14 MARCH

TEEME: women empowerden

> TIMING: 10:00 AM TO 11:00 AM

PARTICIPANT HAVE TO BRING THERE OWN COLOUR

> **VENUE: FIRST FLOOR DEGREE BUILDING**

STUDENT CO-ORDINATOR **PURVA CHAUDHARI** 9765356221 TEJAL LAHANGE 8668425755 MONIKA BHOYE 9510673705 **VAIBHAVI MORE** 9209308537 SAKSHI CHAYAN 8698632463 SAUNDARYA RAUT 8010381648



STAFF CO-ORDINATOR PROF. KETAKI PATIL 9545802029 PROF. SHEEBA NAAZ 9373039079 PROF.PRANALI NAIK 7264869650 PROF. PRANALI AKHADKAR 6354044833





H. J. THIM TRUST'S Theem College of Engineering, Boisar

Women Empowerment and Grievance Redressal Cell

Report of Rangoli Competition conducted on theme "Women Empowerment".

Event: Report of Rangoli Competition conducted on theme "Women Empowerment"

Date: 14/03/2023, Tuesday, (1 day)

Venue: Building no. 1, First Floor.

Time: 11:00 AM to 01:00 PM.

Judges: Prof. Navjyothi Katela, Prof. Payal Gadgil.

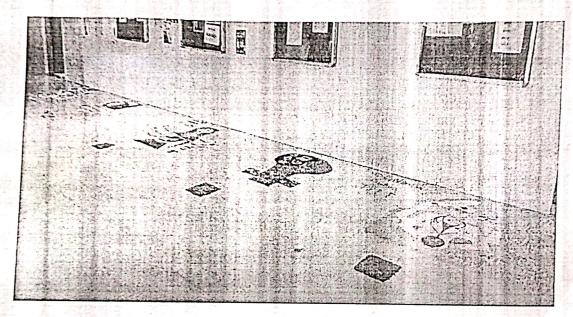
Event Coordinator: Prof. Sheeba Naaz, Prof. Ketaki Patil.

WEGRC of Theem college of Engineering, Boisar has organised the rangoli competition during annual festival Jashn-E-Theem, 23, with the theme "Women Empowerment" which is held at college premises on 14th March 2023. 36 students participated enthusiastically in the competition. Prof. Sheeba Naaz and Prof. Ketaki Patil coordinated the event successfully. Students have drawn Rangoli on topics related to women empowerment. Prof. Navjyothi Katela and Prof. Payal Gadgil judged the event. Depending on the creativity and originality of the depicted theme, Quality of artistic composition and overall design based on the theme and overall impression of the art three winners have been finalized.









Winners were awarded by the certificate and medals during Prize distribution ceremony of Jashn E Theem'2023 on 15th March,2023 in presence of Vice chairman Mr. Sharif Thim, Trustee Mr. Mohammed Thim, Director Dr. N.K. Rana and Principal Dr. Riyazoddin Siddiqui.

Rank	Name of Winner	Class
1	Sonali Dilip Tumbada Nikhil Mahesh Verma	SY. Diploma Electrical Engg.
2	Mitali Prabhakar Mhatre Smarnika Manish Patil	TE IT Engg. SE IT Engg.
3	Darshana Sadanand Lahange	BE Electrical Engg.

Prof. Sneha Sankhe Convener, WEGRC



oddin Siddiqui THEEM COLLEGE OF ENG WEERING Boisar 'East) Tal. & Dist. Palghar -401 301









H. J. Thim Trust's

Theem College of Engineering, Boisar Women Empowerment and Grievance Redressal Cell

Date: 14/03/2023

Name of Activity: Rangoli Competition en Cheme Empowerment.

Name of Resource Person:

Sr. No.	Name of the [Student/Faculty]	Branch	Sign
1	Laoshana lahange	B.E. Elect	Tarshul
2	Pooja Aprekar	B.F. Elect	Poja
3	Kiran Sundkar	B.E. Eleca	Round
4	Sonia Jaiswali	TE Elect	Sonn.
5	Mitali Mhate	P. G J.T	M'tal:
6	Patil Smarnika	SEIT	Smarnika
7	Palil Kitakshi	SETE	KHSh
8	sakshi Tandel	SE TT	Tandels
9	Anchal Yadav	TE IT	Yadpeh.
10	Shaha Rane	TE IT	Bli
11	Shruti L	TEIT	Shouti
12	Tanvi Raut	TE IT	Tanyı
13	Tejal Lahange	TECIVIL	Jeans
14	chaudhri Porva	TE civil	charge
15.	Mansi Gharat	BC comp	Marat
16	Patil Jagruti	BE COMP	The state of the s
17	Gyoti Mallah	SE IT	M
18	Maitragee Vartak	BE-IT	Midale
19	Rupall Shinde	SE IT	oO.
20	Bar Sanj	FE	Gord .
2)	Shifa Kureshi	201	S contra
22.	Patil sakshi	FE	- Fuen
23.	Tanis ha Raut	FE	CPar
	The state of the s	F. F.	TRO

24. Neha Bhanushall	FE	Nishawital
25. Ansani Inshira	FE	Atu
26 Shouti kini	FE	Smith
27 Arpita singh	FE	Applias
1-28 Pratiksha shude	FE	Priorpoly
1 Mrunal Parte	B.EIT	(m)
GO Aashertash Salunkhe	BE IT.	Awshutosh.
31 Olikhil Toishra	T. E. comps	Tlikhil.
32 Insha Bimani	DIP	Insha
33 Aachal Patel	FE	aaisher
34 Poiya Singh	FE	Priya.
35 Sonali Tumbada	FE	Souli.
36 Oyikhil Verma	Elect	(Noinhil.
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Prof. Sneha Sankhe Convener, WEGRC

Dr. Riyazoddin Siddiqui

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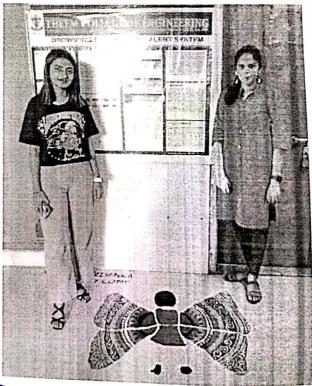
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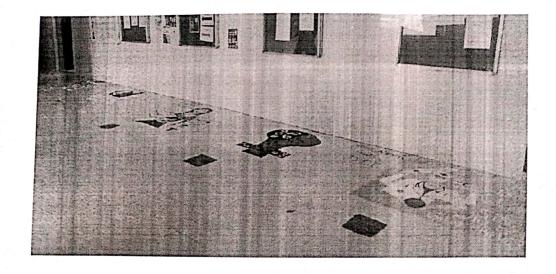
Photos of Rangoli Competition conducted on theme "Women Empowerment".

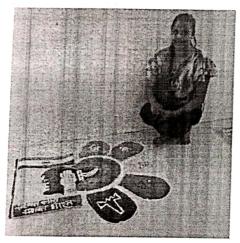










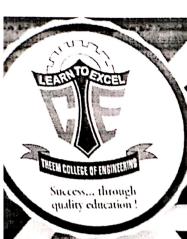












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Certificate

This certificate is awarded to		
Mr.IMs. PATIL SMARNIKA	of S.E. (IT)	<u>, , , , , , , , , , , , , , , , , , , </u>
for Co-ordinating Participating	Securing FIRST RUNNER-UP in the ex	vent of
RANGOLI COMPETITION	at JASHN-E-THEEM on 14th MARCH, 2023	3

Event Co-ordinator



The

Principal



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Certificate

Yr./Ms. MHATRE MITALI		of	
IJMIS. RIHHIRE MILIALI		g	
or Co-ordinating Partifipating	/ Securing FIRST	RUNNER-UP	in the even
or engineering , an engineering			
			MARCH , 2023

Event Co-ordinator

Principal

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Certificate

This certificate is awarded to	
Mr./Ms. LAHANGE DARSHANA	of B.E. (ELECTRICAL)
for Co-of linating Participating Securing _SEC	OND RUNNER-UP in the event of
RANGOLI COMPETITION at JASHN	-E-THEEM on 14th MARCH , 2023

Event Co-ordinator

Principal

vitage Betegaon, Boisar Chilhar Road, Boisar (E), Tal. & Dist. Palghar - 401 501. | Office: 7769916109 | Admission: 7506830077



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DAAK

WEGRC (Women Empowerment and Grievance Redressal Cell)



in association with NSS

HAPPY

INTERNATIONAL WOMEN'S DAY



POSTER MAKING COMPETITION

Theme "Gender equality today for a Sustainable Tomorrow "

Poster can be uploaded on or before 08th March, 2022 (Tuesday) Till 11 am.

Patrons:

Mr. Sharif A. Thim | Dr. N.K. Rana | Dr. Aqueel A Shah

Head, WEGRC:

Prof. Sneha Sankhe



NSS Programme officer:

Prof. Arbiya Shaikh



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Women Empowerment and Grievance Redressal cell

Report of Poster Competition

Event: Poster Competition organized on occasion of International Women's Day,2022.

Theme: "Gender equality today for sustainable tomorrow"

Date: 8th March, 2022.

Judges: Prof. Harshal Ahire, Prof. Tilottama Deore.

On occasion of International Women's Day, 2022, the Poster competition was conducted in association with NSS. The theme of event was "Gender equality today for sustainable tomorrow. 28 students were participated enthusiastically in the competition. Prof. Sonali coordinated the event successfully. Total 28 posters were received from the students based on theme of the event. Prof. Sneha Sankhe, convener WEGRC, accompanied by Prof. Harshal Ahire and Prof. Tilottama Deore has judged the event.

Depending on the creativity and originality of the depicted theme, Quality of artistic composition and overall design based on the theme and overall impression of the art two winners were finalized and felicitated.

Rank	Name of Winner	Class
1-	Namira Shaikh	BEIT
2	Ankita Singh	BE Computer

Prof. Sneha Sankhe Convener



Dr Aquéel Shah PARIOMAL THEEM COLLEGE OF ENGINEERING Bolsar (East), Tal. & Dist Palphar-401 501.

THEME: Gender Equality today for gustomoble Tomoslaw

Date: 08/103/12022

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	Class	, h	ያ <u>ዙ</u>	i r	H H	SE	BE	SE	l R	S. I.	SE	SE	S	SE	且	BE	Ľ	正
Name of the Student	IDRISI MOHAMMAD IZHAR JAHIRUDDIN	ANIKET PRAVIN DHANMEHER	Rahul Chauhan	Aishwarya Golatkar	Ankita Singh	Aachal Manoj Yadav	Namira Shaikh	Shah Rani Chhotelal	Ansari Mohammed Sameer Shamsuddin	Janhavi Narendra Mhatre	Umair Shaikh	Rutuja pramod jadhav	Deepak Sharma	Momin Mohd Aamir Nisar Ahmed	Khan Mohd Adil Badiuzzama	Rasika Rashivate	Rana Nirajkumar Mohankumar	Atharva Dalwi
Sr. No		2	က	4	H	9	H	8	6	9	=	12	13	4	15	16	2	1 8

Information Technology Engineering Electrical Engineering Computer Engineering Computer Engineering Computer Engineering Computer Engineering Computer Engineering Computer Engineering Department

Upload Poster here on theme "Gender Equality Today for a Sustainable Tomorrow." https://drive.google.com/open?id=1wqNddGws_7kOpisVEkH1bywXMCDJbEbA https://drive.google.com/open?id=19B3UcwrnyRpA8Wg8uFcd_1KWZOvqxJx https://drive.google.com/open?id=1C9L8qy1tkVmKOhZsz3hpgludwmT6sY8B https://drive.google.com/open?id=1tasuN3SSrAf-TZ7g6nD4RxKnYMjmXpFD https://drive.google.com/open?id=1EmNFADachFwdk_ugFy9dWrM-Umfxx1i9 https://drive.google.com/open?id=19VYG8COzbdceuYJ8JBItN3R_mis9HwKH https://drive.google.com/open?id=1-L8Nt97IScA-HriWhFqDzGMyFO2Gy86Y https://drive.google.com/open?id=1y3kez4R1LkwFFL-WixR-miBAvyqJqUbi https://drive.google.com/open?id=1f4cO1U5IIDJw72OSv-q5VxSqis-mMO2https://drive.google.com/open?id=1k2L_Jqk3TQFb3_9dmal-xJ0dwyholrIP

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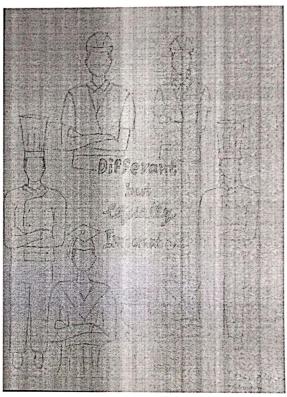
H. J. Thim Trust's Theem College of Engineering, Boisar

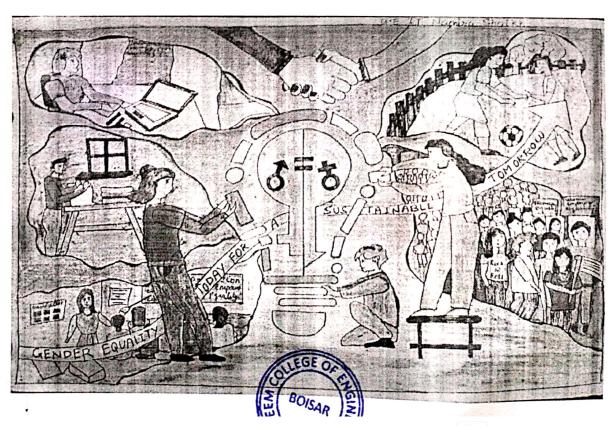
Women Empowerment and Grievance Redressal Cell

POSTER Competition organized on occasion of International Women's Day 2022.

Theme: "Gender Equality Today for a Sustainable Tomorrow."



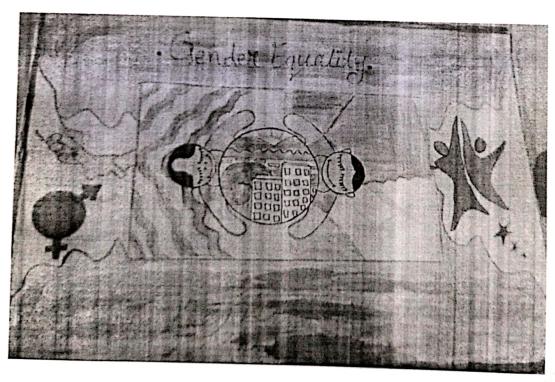




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Women Empowerment and Grievance Redressal Cell



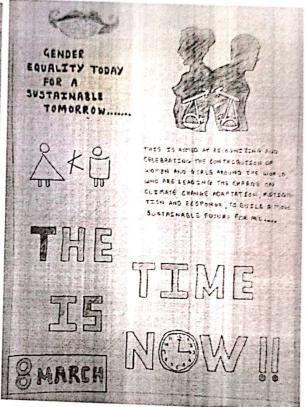




H. J. Thim Trust's Theem College of Engineering, Boisar

Women Empowerment and Grievance Redressal Cell











H.J. Thim Trust's

THEEM COLLEGE OF ENGINEERING Success through quality education!

Notice

Date: 04/03/2022

All girl students of FE, SE, TE and BE of all departments are hereby informed that women grievance cell has organized a one-day workshop on "Self Defence" on 10th march 2022 in gym hall at 11 AM.

Prof. Sneha Sankhe Convener



H.J. Thim Trust's

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Schedule

Date: 10/03/2022

Name of Activity: Self Defence

Time	Agenda
11:00 - 11:10	Recitation of Holy Qur'an
11:10 - 11:20	Welcome and introduction of Guest followed by felicitation
11: 20 - 11:30	Opening remarks by Principal Sir
11:30 - 11:40	Address by guest Mr. Akash Bhoye on Self Defence
11:40 -12:30	Demonstration session and discussion
12:30-12:35	Vote of Thanks by Prof. Sneha Sankhe
	National Anthem

Prof. Sneha Sankhe Convener, WEGRC



Dr. Shah Aqueel Ahmed PRITINCIPAL
THEEM COLLEGE OF ENG WEERING
Boisar 'East) Tal. & Dist. Palghar 401 301





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Women Empowerment and Grievance Redressal cell

Report of Workshop on Self Defence.

Event: Workshop on Self Defence

Trainer: Mr Akash Bhoye (Fitness Reig, Mix Martial Arts Academy)

Date- 10th March, 2022

Timing: 11 AM onwards

Venue: Gym Hall, above cafeteria

The workshop started with an introductory speech by Prof Sneha Sankhe, Convener, WEGRC. She highlighted the key points why such kinds of workshops are required to sensitize our girl students to self-protect themselves in public places as well as at home. She also pointed out that this is the demand of the hour as we can relate ourselves to the news items of domestic violence, eve-teasing cases and other severe forms of violence against women and children which is pouring in on a day to day basis. Prof

Trainer started with their orientation in which he stated that Prevention Is the Best Self-Defence with that he explained personal security precautions. Training began with five minutes of moderate level warm up and stretching.

How to Get Loud and Push back, how to aim for the parts of the body where you can do the most damage easily: the eyes, nose, ears, neck, groin, knee, and legs were demonstrated by Trainer.

He also explained and demonstrated that how to maximize the damage by the Use of your elbows, knees, and head as well as use of everyday objects and Leveraging your weight (using Jujitsu and other techniques where a smaller person is able to defeat a larger one).

Trainer demonstrated Moves for Getting Out of or Defending against Common Holds or Attacks by Wrist Hold, Front and Back Choke Holds, Bear Hug, Mount Position and Sexual

About 69 girls and 13 staff attended this workshop and got benefitted. The vote of thanks was given by Prof. Sneha Sankhe convener of WEGRC. Expressing her gratitude she thanked the Mr. Aakash Bhoye and Fitness Reig, Mix Martial Arts Academy team for their support and timely presence at the venue on the date of the workshop.

Prof. Sneha Sankhe Convener



Dr Aqueel Shah อูกูกูลูเลอง AL

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H. J. Thim Trust's

Theem College of Engineering, Boisar Women Empowerment and Grievance Redressal Cell

Date: 00/03/2022 10th MARCH, 2022

Name: Self Defence for Girl Students

Name: Mr. Akash Bhoye

Sr. No.	Name of the [Student/Faculty]	Branch	Sign
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Boisar Chilhar Road, Boisar (E), Taluka Palghar, Dist. Thane - 401 501. Tel: - (02525) 284909 Tele Fax No: - (02525) 284927* Email: info@theemcoc.org * Website: WWW.theemcoc.org

Ref. No. TCE/EST/2021-22/283A

Date: 03/03/2022

To, Mr. Akash Bhoye Fitness Reig, Mix Martial Arts Academy, Boisar.

Subject: Request to be as Expert Trainer for "Self Defence" on 10/03/2022.

Dear Sir.

Theem College of Engineering is a premier Engineering Institute of H.J. Thim Trust at Boisar, Taluka Palghar, conducting graduate Engineering Program in Computer Engineering, I.T. Engineering, Electronics Engineering, Electronics & Telecommunication Engineering, Mechanical Engineering, Civil Engineering, Automobile Engineering & Electrical Engineering. We also offer Diploma Engineering Program in Computer Engineering, Mechanical Engineering & Civil Engineering.

Theem College of Engineering is organizing three days' workshop on 10th March 2022 on the topic "Self Defence" in which how to defence ourselves using Martial Art technique & it's demonstration session.

The Principal, Management, Staff and Students of this Institute shall be obliged and grateful with your gracious presence on 10th March 2022 at 11 AM for the session on "Self Defence".

We will be honored for your kind consent of accepting our invitation.

With best regards,

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Prof. SnehaSankhe Convener, WEGRC COLLEGE OS ALLEGA SOISON PARTIES ON THE CANDING ON

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Boisar Chilhar Road, Boisar (E), Taluka Palghar, Dist. Thane – 401 501. Tel: - (02525) 284909 Tele Fax No: - (02525) 284927* Email: info@theemcoc.org * Website: WWW.theemcoc.org

Ref. No. TCE/EST/2021-22/289A

Date: 10/03/2022

To, Mr. Akash Bhoye, Fitness Reig, Mix Martial Art, Boisar.

Subject: Thanksgiving to Mr. Akash Bhoye.

Dear Sir.

We are very glad to thank you for presenting yourself in the "Self Defence" workshop and being as an Expert Trainer to deliver a Lecture on the programme. Your speech enlightened our faculty and Girl's students on topic "How to defence ourselves using Martial techniques"

We always expect the same kind of coordination and cooperation in future.

Thanking you

With best regards

Yours faithfully,

Prof. SnehaSankhe Convener, WEGRC COLLEGE OF ENGINEERING BUNDAN SHIP ON THE SHIP OF ENGINEERING SHIP

ST-

Dr. Shah Aqueel Ahmed Principal

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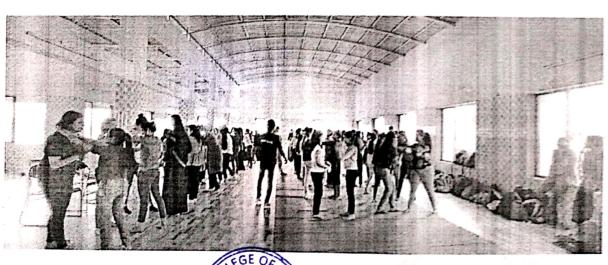
Photos of Workshop on "Self Defence"

Trainer: Mr. Akash Bhoye

(Fitness Reig, Mix Martial Arts Academy)















Women Empowerment and Grievance Redressal Cell

Report of Programme conducted on "Cyber Awareness".

Event: Programme on "Cyber Awareness" on Occasion of International Women's day, 2021.

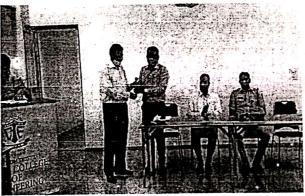
Date: 08/03/2021, Monday, (1 day)

Venue: A-V Room

Resource person: Mr. Sandip Patil, PSI Palghar district

In this digital world, where we all are wired to social media and the internet, the concerns of cyber security, cyber bullying, cyber hygiene are pertinent. We all need to be well-informed or up-to-date of what steps need to be taken to keep us safe. With this notion, Theem College of Engineering, Boisar organized an interactive session by Mr. Sandip Patil, PSI Palghar district on occasion of International Women's day, 2021.





The attendees were introduced to various terminologies like Cyber Bullying, hacking, fishing, cloning, data theft, Identity theft, digital frauds and grooming and the consequences of Digital Personification were told. He advised attendees to handle real and virtual life thoughtfully.

He concluded the session by sharing specific tips for internet banking and safe online transactions. He also shared the website for reporting Cyber Crimes where Women and children can report anonymously. It was an interactive session where many questions were asked, answers were given and doubts were solved.

About 22 teaching and non-teaching staff members attended the session and were benefitted from it.

Programme ended with vote of thanks by Prof. Privanka

Prof. Sneha Sankhe Convener, WEGRC Dr Aqueel Ahmed Shah
Principal

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PRINCIPAL
THEEM COLLEGE OF ENGINEERING
Boisar (East), Tal. & Dist, Palghar-401 501.



Women Empowerment and Grievance Redressal Cell

Date: 08/03/2021.

Name of Activity: Programme on "Cyber Awareness" on Occasion of International Women's day, 2021.

Name of Resource Person: Mr. Sandip Patil, PSI Palghar district

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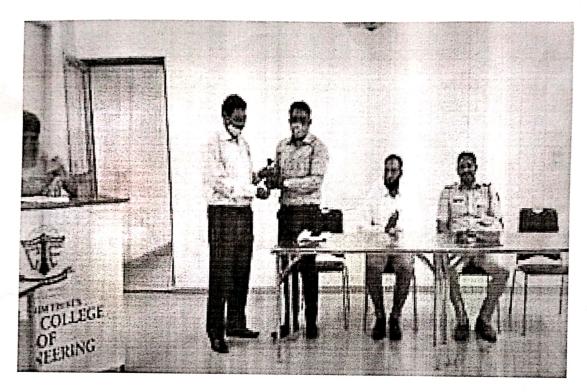
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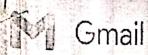
Women Empowerment and Grievance Redressal Cell

Photos of Workshop on "Cyber Awareness"

Resource Person: Mr. Sandip Patil (PSI)







Fwd: Road Safety awareness Activity - Proposal - Palghar

Nitin Sall <nitin.sall@theemcoe.org> To: sneha.sankhe@theemcoe.org

Wed, Mar 4, 2020 at 1:14 PM

---- Forwarded message -----

From: Wasim Khan < hod_auto@theemcoe.org>

Date: Sat, 29 Feb 2020, 18:41

Subject: Fwd: Road Safety awareness Activity - Proposal - Palghar

To: Mustaque Ahmed <mustaque930@gmail.com>, <nitin.sall@theemcoe.org>, Mohd Raees <raees95@gmail.com>

----- Forwarded message -----

From: Dr. N. K. Rana <principal@theemcoe.org>

Date: Sat 29 Feb, 2020, 2:50 PM

Subject: Fwd: Road Safety awareness Activity - Proposal - Palghar To: <hod_auto@theemcoe.org>, <shah.aqueel@theemcoe.org>

--- Forwarded message --

From: Swapnil Jawharkar <Swapnil.Jawharkar@honda2wheelersindia.com>

Date: Fri, Feb 28, 2020 at 2:54 PM

Subject: Road Safety awareness Activity - Proposal - Palghar To: principal@theemcoe.org <principal@theemcoe.org>

Dear Sir.

Greetings of the day...!

With respect to our telephonic discussion with Mr. Vaibhav Jadhav, please find below the proposal for Two Wheeler Defensive Training for employees of respective organization. We can conduct this Female Safety Riding (FSR College Event) & (CRF50) School Event in month of 3rd To 4th -Mar-2020. (3 Days)

Honda with "Respect for human life" as the basic concept understands this and has positioned Safety as one of its most important themes. As Safety concern is very low amongst the Indian riders & accident rate is high, Honda has taken up this as a Challenge and is committed to improve driving standards of two wheeler riders in India as a social obligation towards society.

As two wheeler riders accounts for second largest victims of accidents & as many of your students & employees use two wheelers for commuting, we need to work together for the safety of them.

Requirement From College :-

Auditorium for Presentation

Projector with screen

Sound system (Mice , speaker 3.9 bound cable for audio, HDMI cable for projector connectivity)

Ground for practical part (Like basketball court)

Regarding cost of Road Safety Activity - As HMSI promotes Safety Riding as CSR activity, so we will not

Kindly Confirm the activity date from your end as soon as possible.

Be A Safe Rider ... !

Swapnil Jawharkar

Honda Motorcycle & Scooter India Pvt Ltd

Regional Office.

Pune.

(M) 8600010453

2 attachments

FSR Activity-Female Ref.pptx

CRF-50-Kids PPT Ref.pptx 398K







Women Empowerment and Grievance Redressal Cell

Report of Workshop on "Female Safety Riding Awareness"

Event: Workshop on "Female Safety Riding Awareness" on Occasion of International Women's Day, 2020.

Date: 05/03/2020, Thursday, (1 day)

Venue: Building no. 1, Ground

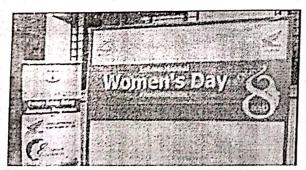
Resource person: Mr. Swapnil Jawharkar (Safety Instructor)

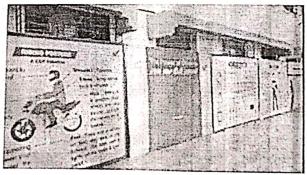
Honda Motorcycle & Scooter India Pvt Ltd (HMSI)

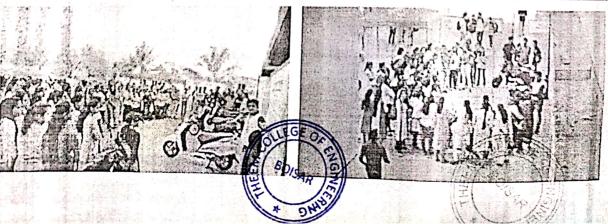
A session on Female Road Safety Awareness was organized as part of the Road Safety week by Honda Motorcycle & Scooter India Pvt Ltd (HMSI) at Theem College of Engineering, Boisar on 5th March, 2020. Honda 2 Wheelers India took a step towards building confident and safe female riders on road through training them on important aspects of road safety.

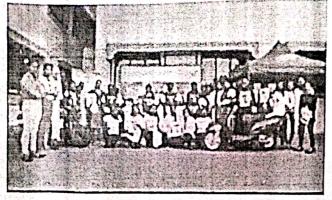
The session was given by Mr. Swapnil Jawaharkar. Those present for the occasion included Vice Chairman Mr. Sharif Thim, Dr. N. K. Rana, Director, Dr. Aqueel Ahmed Shah Principal, Prof. Sneha Sankhe, Convenor (WEGRC), students and staff of Theem College of Engineering, Boisar.

At the outset, Prof. Sneha Sankhe welcomed the gathering, followed by providing an insight and purpose of the session.

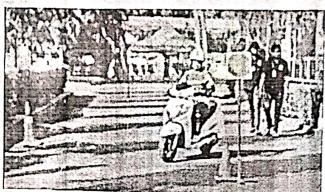














Mr. Swapnil Jawharkar in his session said "Awareness on the road is very important for your safety and safety of others". He discussed the statistics of various types of road accidents in city and explained the reasons that lead to these accidents. He further gave examples of various types of traffic violations and the penalties associated with them. Mr. Swapnil urged the audience to come to the help of road accident victims and stated that those who come forward are protected through the Good Samaritan Law.

The session was very interactive with the students and faculty asking questions while Mr. Swapnil answered promptly. Girls have been trained to become independent, empowered and safe on roads. About 18 teaching and non-teaching staff members as well as 56 girl students attended the session and were benefitted from it. Programme ended with vote of thanks by Prof. Priyanka Patil.

Prof. Sneha Sankhe Convener, WEGRC THEEM CO SOLUTION OF SOLUTION

Dr Aqueel Ahmed Shah
PRINGIPAL
THEEM COLLEGE OF ENG WEERING
Bojsar 'East') Tal. & Dist. Palghar -401 301

H. J. Thim Trust's

Theem College of Engineering, Boisar Women Empowerment and Grievance Redressal Cell

Date: 04/03/2020

Name of Activity: Road Safety Awareness

Resource Person: Mr. Swapnil Jacoharkar

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Prof. Sneha Sankhe Convener, WEGRC

Dr. Shah Aqueel A.
Principal
THEEM COLLEGE OF ENGINEERING

HONDA

Certificate of Participation

This is to certify that

WOMEN EMPOWERMENT & GRIEVANCE REDRESSAL CELL

has participated in

Safety Riding Training

conducted by:

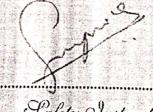
Honda Motorcycle & Scooter India Pvt. Ltd.

held on

5th MARCH, 2020

at

THEEM COLLEGE OF ENGINEERING, BOISAR



Safety Instructor







HONDA

Certificate of Participation

This is to certify that

MISS. NAMRATA ATMARAM CHAVAN [IT ENGINEERING]

has participated in

Safety Riding Training

conducted by:

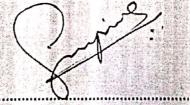
Honda Motorcycle & Scooter India Pvt. Ltd.

held on

03-MARCH- 2020

at

THEEM COLLEGE OF ENGINEERING [BOISAR]



Pafety Instructor









Women Empowerment and Grievance Redressal Cell

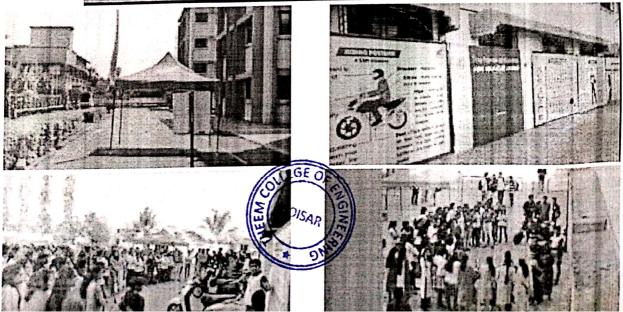
Photos of Workshop on "Female Safety Riding Awareness"

Trainer: Mr. Swapnil Jawharkar

(Honda Motorcycle and Scooter India pvt. Ltd.)











Theem College of Engineering, Boisar Approved By AICTE (New Delhi) Government of Maharashtra & DTE Affiliated To University of Mumbai

Women Empowerment and Grievance Redressal cell

Report of Programme Conducted on "Oral Hygiene"

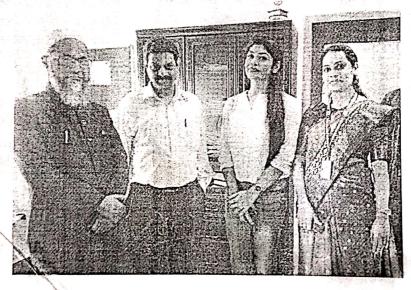
Event: Seminar On "Oral Hygiene" on Occasion of International Women's Day, 2019.

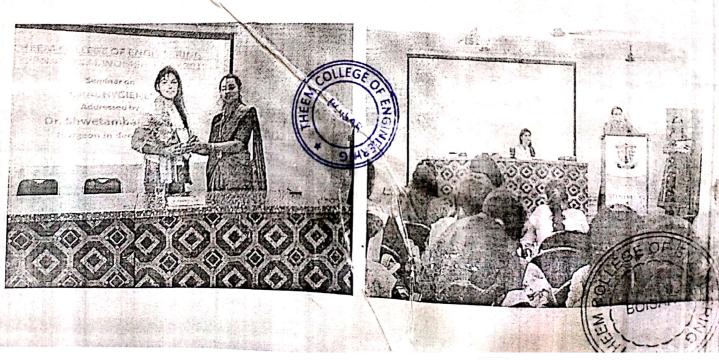
Date: 08/03/2019

Venue: seminar hall 1

Resource Person: Dr. Shwetambari Patil (Dental Surgeon, Boisar)

To create awareness on Oral hygiene, with special emphasis on dental hygiene management, was organised by WEGRC on 8th March, 2019. The program began with the welcome note by Ms. Humera Gilani. Prof. Sneha Sankhe wished participants on occasion of women's day and presented a bouquet and Memento to guest Ms. Shwetambari Patil, Dental Sugeon. Programme started with seminar on Oral Hygiene.

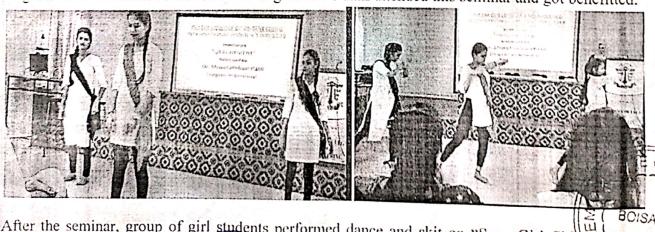




A Dental Surgeon, Ms. Shwetambari Patil explained the basics as the practice of keeping the mouth clean, and is considered to be the best means of prevention of cavities (dental caries), gingivitis, periodontitis, and other dental measures which also helps to prevent bad breath (halitosis). Regular tooth cleaning by the dentist or dental hygienist is important to remove plaque that may develop even with careful brushing and flossing, especially in areas that are difficult for a us to reach on his own at home. Professional cleaning includes tooth scaling and tooth polishing and debridement if too much tartar has accumulated. She also explained reasons behind several oral diseases including mouth Cancer.



Girl Students shared their experiences and enquired on problems regarding wisdom tooth, braces and need of Root canal. While answering issues related to dental problems, she explained the reason behind costly treatments. Dr. Shwetambari mentioned that the dental treatments are not costly, but the ignorance at early stages makes treatment costlier. About 49 girls and 6 staff attended this seminar and got benefitted.



After the seminar, group of girl students performed dance and skit on "Save Girl Childing ended with a vote of thanks by Goo Streng Sankhe, Convener, WEGRC.

BOISAR

Prof. Sneha Sankhe

Dr Aqueel Shah

H. J. Thim Trust's

Theem College of Engineering, Boisar Women Empowerment and Grievance Redressal Cell

Activity Attendance

Date: 08/03/2019

Name: Workshop on Oral Hygiene

Name: Dr. Shwetambari Patil

Sr.				Signature		
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Theem College of Engineering, Boisar

Approved By AICTE (New Delhi) Government of Maharashtra & DTE Affiliated To University Of Mumbai Est.:- 2009 - 2010

hilhar Road, Boisar (E), Taluka Palghar, Dist. Thane – 401 501. Tel: - (02525) 284909 Tele Fax No: - (02525) 284927* Email: info@theemcoc.org * Website: WWW.theemcoc.org

Ref No. TCE/EST/2018-19/548

Date: 05/03/19

To,
Dr. Shwetambari Patil,
Dental Surgeon,
HappyDent Clinic
Boisar.

Subject: Request to be as Resource person for "Oral Hygiene" on 08/03/2019 at 2:00 PM.

Dear Madam,

Theem College of Engineering is a premier Engineering Institute of H.J. Thim Trust at Boisar, Taluka Palghar, conducting graduate Engineering Program in Computer Engineering, I.T. Engineering, Electronics Engineering, Electronics & Telecommunication Engineering, Mechanical Engineering, Civil Engineering, Automobile Engineering & Electrical Engineering. We also offer Diploma Engineering Program in Computer Engineering, Mechanical Engineering & Civil Engineering.

Theem College of Engineering is organizing seminar on 08/03/2019 on the topic "Oral Hygiene" in which session arranged on how to maintain oral hygiene.

The Principal, Management, Staff and Students of this Institute shall be obliged and grateful with your gracious presence on 08/03/2019 at 02 PM. for the session on "Oral Hygiene". We will be honored for your kind consent of accepting our invitation.

With best regards,

Prof. Sneha Sankhe

Convener, WEGRC

Dr. N. K Rana

Director

Dr.Aqueel Shah
Principal

PRINCIPAL
THEEM COLLEGE OF ENGINEERING
Holder (Fact) Tal. & Dist. Polymer

DIRECTOR

HEEM COLLEGE OF ENGINEERING par (East) Tel. & Disk Palgham 401 501.



Theem College of Engineering, Boisar

Approved By AICTE (New Delhi) Government of Maharashtra & DTE Affiliated To University Of Mumbai Est.:- 2009 - 2010

Boisar Chilhar Road, Boisar (E), Taluka Palghar, Dist. Thane - 401 501. Tel: - (02525) 284909 Tele Fax No: - (02525) 284927* Email: info@theemcoe.org * Website: WWW.theemcoe.org

Ref. No 1 TCE/EST /2016-19/557

DATE: 08/03/2019

To, Dr. Shwetambari Patil, Dental Surgeon, HappyDent Clinic Boisar.

Subject: Thanksgiving to Dr. Shwetambari Patil

Dear Madam.

We are very glad to thank you for presenting yourself in the "Oral Hygiene" seminar and being as a Resource Person to deliver a Lecture for the maintaining oral hygiene on occasion of International Women's Day 2019. Your speech enlightened our faculty and Girls students.

We always expect the same kind of coordination and cooperation in future.

Thanking you

With best regards

Yours faithfully;

Prof. Sneha Sankhe Convener, WEGRC Dereived &

Dr. Aqueel Shah Principal

PRINCIPAL THEEM COLLEGE OF ENGINEERING Boisar (Esst), Tal. & Dist. Palghar-401 501

Dr. N. K Rana Director

AREM COLLEGE OF ENGINEERING (East) Tal. & Disc. Palghar- 401 501.



Theem College of Engineering, Boisar

Approved By AICTE (New Delhi) Government of Maharashtra & DTE Affiliated To University Of Mumbai Est.:- 2009 - 2010

Boisar Chilhar Road, Boisar (E), Taluka-Palghar, Dist. Thane - 401 501. Tel: - (02525) 284909 Tele Fax No: - (02525) 284927* Email: info@theemcoe.org * Website: WWW.theemcoe.org

CIRCULAR

DATE: 05/03/2019

All females (teaching staff, non-teaching staff and girl students) are hereby informed that the Seminar on the topic "Oral Hygiene" on occasion of International Women's day will be held in the college seminar hall, 2nd Floor at 2:00 pm on 08th, March 2019.

All above mentioned are requested to attend the programme.

Prof. Sneha Sankhe CONVENER, WEGRC Dr. Aqueel Shah PRINCIPAL Dr. N. K. Rana DIRECTOR

CC to:

1) All HODs

2) FE Coordinator





1



Women Empowerment and Grievance Redressal Cell

Photos of Workshop on "Oral Hygiene"

Resource Person: Dr. Shwetambari Patil (Dental Surgeon) HappyDent Clinic, Boisar













Theem College of Engineering, Boisar

Approved By AICTE (New Delhi) Government of Maharashtra & DTE Affiliated To University Of Mumbai Est.:- 2009 - 2010

Boisar Chilhar Road, Boisar (E), Taluka-Palghar, Dist. Thane - 401 501. Tel: - (02525) 284909 Tele Fax No: - (02525) 284927* Email: info@theemcoe.org * Website: WWW.theemcoe.org

CIRCULAR

DATE: 08/10/2018

All females (teaching staff, non-teaching staff and girl students) are hereby informed that the three days workshop on "Self Defence" is organized by Women Empowerment and Grievance Redressal Cell from 10th, October 2018 to 12th, October 2018.

All above mentioned are requested to attend the programme.

Prof. Sneha Sankhe CONVENER, WEGRC

Dr. N. K. Rana PRINCIPAL

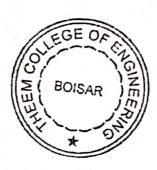
PRINCIPAL THEEM COLLEGE OF ENGINEERING Boisar (East) Tal Painhar Dist. Thane 40150

Encl.: Detailed schedule attached herewith.

CC to:

1) All HODs

2) FE Coordinator







H. J. Thim Trust's

Theem College of Engineering, Boisar

Women Empowerment and Grievance Redressal Cell

Permission Letter

Date: 04/10/2018

To
The Principal
Theem College of Engineering
Boisar

Subject: Seeking permission for 3 Days' Workshop on Self Defence.

Respected Sir,

I am Professor Sneha Sankhe, the convener of Women Empowerment and Grievance Redressal Cell. Our cell is Organizing3 Days' Workshop On Self Defence for the benefit of girl Students of FE, SE, TE, BE and female faculty membersas per circular received dated September 21, 2018, No. SW/06/of2018. The main objective of this activity is to enable girl students to learn skills to fight back against offenders and increase available options against barm and associated fears of assault.

I request you to give us permission for the 3 Days' Workshop on Self Defence.

With best regards

Yours sincerely

Prof. Sneha Sankhe Convener, WEGRC BOISAR ING

-Dr. N. K. Rana

Principal

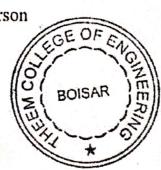
PRINCIPAL

THEEM COLLEGE OF ENGINEERING
Boisar (East) Tal Paighar, Dist-Thane 40150

Enclosed:

1) Letter of Acceptance from Resource person

- 2) CV of the Resource Person
- 3) Schedule of the activity



H. J. Thim Trust's

Theem College of Engineering, Boisar

Letter of Invitation

Ref: TCE/EST/2018-19/216-A

Date: 04/10/2018

To,
Mr. Akash Bhoye
Fitness Reig,
Mix Martial Arts Academy,
Boisar.

Subject: Request to be as Expert Trainer for "Self Defence" on 11/10/2018 & 12/10/2018

Dear Sir,

Theem College of Engineering is a premier Engineering Institute of H.J. Thim Trust at Boisar. Taluka Palghar, conducting graduate Engineering Program in Computer Engineering, I.T. Engineering, Electronics Engineering, Electronics & Telecommunication Engineering, Mechanical Engineering, Civil Engineering, Automobile Engineering & Electrical Engineering. We also offer Diploma Engineering Program in Computer Engineering, Mechanical Engineering & Civil Engineering.

Theem College of Engineering is organizing three days' workshop on 10/10/2018 to 12/10/2018 on the topic "Self Defence" in which how to defence ourselves using the Martial Art techniques & its demonstration session conducting on 11/10/2018 & 12/10/2018.

The Principal, Management, Staff and Students of this Institute shall be obliged and grateful with your gracious presence on 11/10/2018 & 12/10/2018 at 11 AM for the session on Self Defence.

We will be honored for your kind consent of accepting our invitation.

With best regards,

Prof. SnehaSankhe Convener, WEGRC O'C' JAC GEOFEN

Dr. N.K. Rana

PRINCIPAL
THEEM COLLEGE OF ENGINEERING
Bolsar (East), Tal. & Dist. Palghar-401 501

Theem College of Engineering, Boisar

Letter of Invitation

Ref: TCE / EST / 2018-19 / 217 A

Date: 04/10/2018 .

To, Dr. Vijay Patil. Shri Datta Clinic And Diagnostics Center, Boisar

Subject: Request to be as Resource person for "Stress Management and Mental Health" on 10/10/2018 at 11 AM.

Dear Sir,

Theem College of Engineering is a premier Engineering Institute of H.J. Thim Trust at Boisar, Taluka Palghar, conducting graduate Engineering Program in Computer Engineering, I.T. Engineering, Electronics Engineering, Electronics & Telecommunication Engineering, Mechanical Engineering, Civil Engineering, Automobile Engineering & Electrical Engineering. We also offer Diploma Engineering Program in Computer Engineering, Mechanical Engineering & Civil Engineering.

Theem College of Engineering is organizing three days' workshop on 10/10/2018 to 12/10/2018 on the topic "Self Defense" in which stress management and Mental Health will be the first session conducted on 10/10/2018.

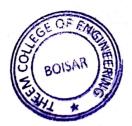
The Principal, Management, Staff and Students of this Institute shall be obliged and grateful with your gracious presence on 10/10/2018 at 11 AM for the session on "Stress Management and Mental Health".

We will be honored for your kind consent of accepting our invitation.

With best regards,

Prof. Sneha Sankhe Convener, WEGRC

Dr. N.K. Rana Principal PRINCIPAL THEEM COLLEGE OF ENGINEERING Bolsar (East), Tal. & Dist. Palghar-401 501



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H. J. Thim Trust's Theem College of Engineering, Boisar

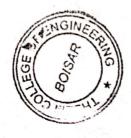
Women Empowerment and Grievance Redressal cell Schedule

Date: 10th October- 12th October, 2018

Name of the Activity: 3 DAYS WORKSHOP ON "SELF DEFENCE"

Time	Agenda				
	Day One, 10 th October, 2018				
12:00 – 12:15 Recitation of Holy Quran 12:15 – 12:30 Guest introduction and felicitation					
12:40 - 12:50	Opening Remarks by Principal sir				
12:50 - 2:30	Address by Guest Dr Vijay Patil on Stress Management				
2:30 - 2:45	Tea Break				
2:45 - 04:00	Question answering session and Discussion				
4:00 - 4:05	Vote of thanks by Prof. Sneha Sankhe (WEGRC)				
4:00 - 4:10	National Anthem				
	Day Two, 11th October, 2018				
11:00 - 11:10	Recitation of Holy Quran				
▲1:10 − 11:30	Welcome and introduction of Guest followed by felicitation				
11: 30 - 11:40	The same and introduction of cuest followed by felicitation				
11:40 - 12:30	40 – 12:30 Orientation by Guest Mr Akash Bhoye (Mix Martial Arts Academy) on Self Defence				
12:30 - 01:15	Lunch Break				
01:15 - 02:00	Address by Martial art trainer				
02:00 - 05:00	Demonstration of self-defence techniques by trainer				
05:00 - 05:05	National Anthem				
	Day Three, 12 th October, 2018				
10:30 - 10:40	Recitation of Holy Quran				
10:40 - 10:45	Welcome and Review of the Day's Agenda and Objectives				
10:45 - 11:00	Demonstration of self-defence techniques by trainer				
11:00 - 01:00	Practise session for students				
01:00 - 2:00	Lunch Break				
02:00 - 05:00	Group discussion on Self Defence				
05:00 - 05:05	Vote of thanks by Prof. Sneha Sankhe (WEGRC)				
05:05 - 05:10	National Anthem				

Prof. Sneha Sankhe Convener



Dr. N. K Rana Principal PRINCIPAL

THEEM COLLEGE OF ENGINEERING Boisar (East), Tal. & Dist. Palghar-401 501





H. J. Thim Trust's Theem College of Engineering, Boisar

Women Empowerment and Grievance Redressal Cell

Work Distribution

Date:5thOctober, 2018

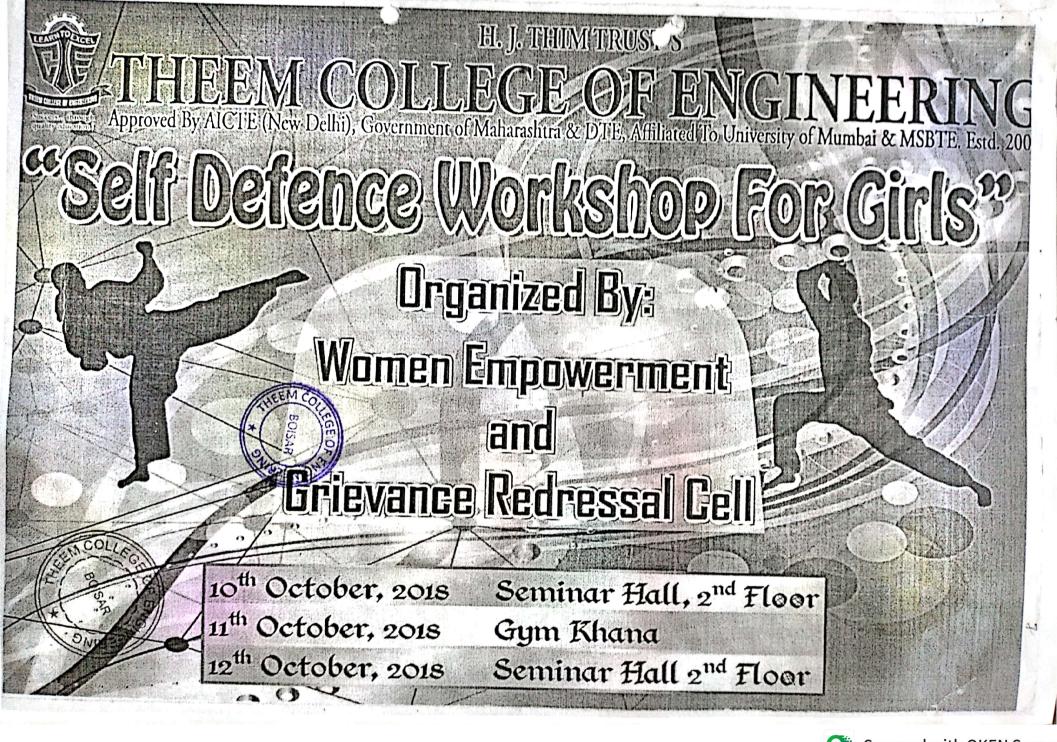
Name: 3 DAYS' WORKSHOP ON SELF DEFENCE

Sr. No.	44	Assigned Task	Student Coordinator	Work to be done by concerned	Sign
1	Mrs.HemalataJangale Mrs.Surekha Attarde	Welcome	Rajavi Raut Shweta S.	Badges& Rangoli	from alas
2	Prof. Sneha Sankhe Mrs.HemalataJangale Mrs.Surekha Attarde	Anchoring Team	HumeraGilani Rajavi Shweta S.	Introduction, Vote of thanks and overall stage management	Hemality - Rottony
	Prof. Awani Sankhe Prof. RuchiRahi	Refreshment Committee	Pratiksha Pimple	Arrangement for Breakfast, Tea and Lunch	Mankhe
	Prof. Rosy Bhoi(Diploma) Prof. Jayshree Sali (Electrical) Prof. Tejal Raut(Mech) Prof. TilottamaDevre(EXTC) Prof. Awani Sankhe(COMPS) Prof. RuchiRahi(IT) Prof. Tasneem(CIVIL) Mrs. Vaishali Patil(FE)	Departmental coordination		Coordinating with girl students and other faculty members	COST PARTIES PROPERTY OF THE PARTIES
	Prof. Arbiya Shaikh	Discipline Team	NSS Team (Girls)	Maintaining Discipline	Shipp
N	Prof. Rahatullah Khan Mrs.Surekha Attarde Ms. Pratiksha Wade	Technical Assistance	Pratiksha Pimple SagarBhavsar	Sound System, Projector arrangement, photography	Short on y
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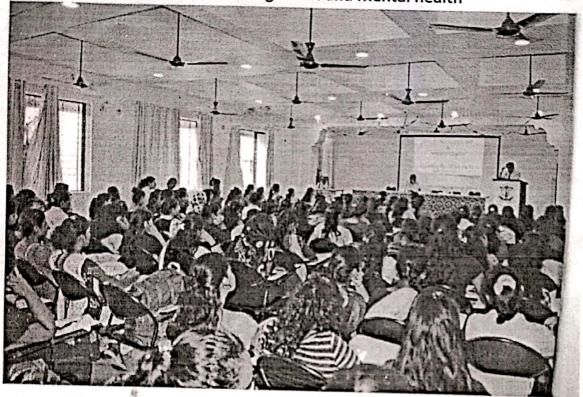
Prof. Sneha Sankhe Convener, WEGRC





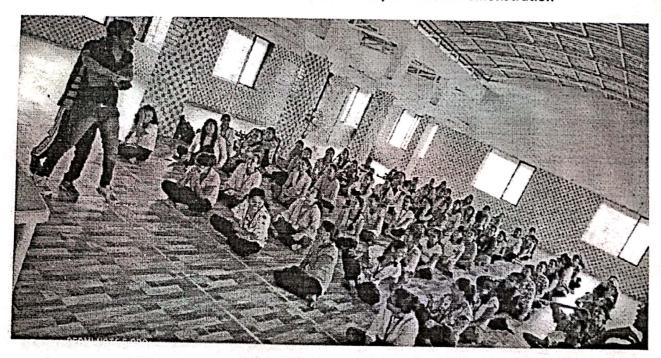


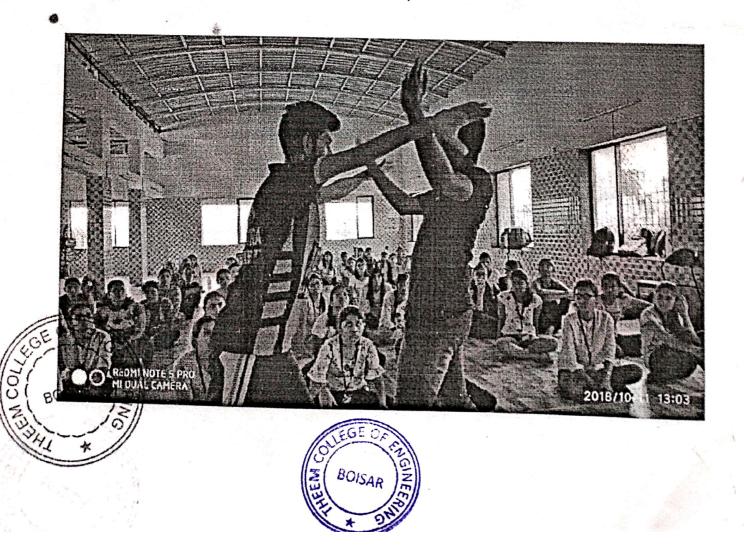
Day One, 10th October, 2018: Topic: Stress Management and Mental health

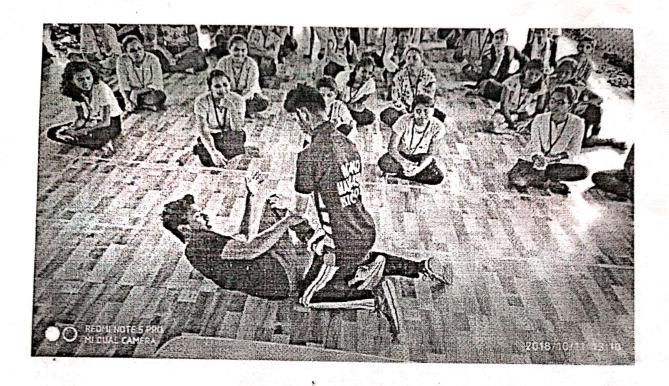




Day Two, 11th October, 2018: Topic: Introduction to Self Defence techniques and its Demonstration





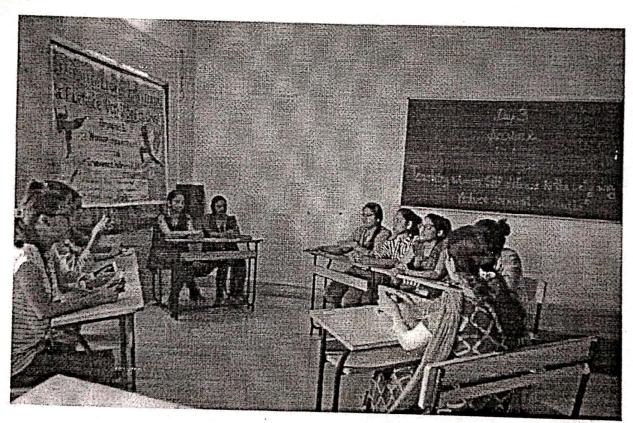






Day Three, 12th October, 2018:

Topic: Group Discussion on "Teaching women self Defence is the only way to reduce sexual assaults".









Theem College of Engineering, Boisar Women Empowerment and Grievance Redressal Cell **Activity Attendance**

Date:10/10/2018

Name: Workshop on Self Defence

Session: Stress Management and Mental Health

Name: Dr. Vijay Patil

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No.	Name of the [Student/Faculty]	Session 1	Session 2
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Theem College of Engineering, Boisar Women Empowerment and Grievance Redressal Cell Activity Attendance

Date:11/10/2018

Name: Workshop on Self Defence

Session: Karate

Name: Mr. Akash Bhoye

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H. J. ThimTrust's Theem College of Engineering, Boisar Women Empowerment and Grievance Redressal Cell

Date: 12/10/2018

Name of Activity: Workshop on Self Defence

Session 3

Group Discussion Teaching Women a self defence is the only

way to avoid sexual assaults.

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Prof. SnehaSankhe Convener, WEGRC

Dr. N. K Rana Principatipal
THEEM COLLEGE OF ENGINEERING

Theem College of Engineering, Boisar WOMEN EMPOWERMENT AND GRIEVANCE REDRESSAL CELL

Ref: TCE/EST/2018-19/238

Date: 12/10/2018

To, Mr. Akash Bhoye, Fitness Reig, Mix Martial Art, Boisar.

Subject: Thanksgiving to Mr. Akash Bhoye.

Dear Sir,

We are very glad to thank you for presenting yourself in the "Self Defence" workshop and being as an Expert Trainer to deliver a Lecture in the programme. Your training enlightened our faculty and Girls students on topic "How to defence ourselves using Martial art techniques".

We always expect the same kind of coordination and cooperation in future.

Thanking you

With best regards

Yours faithfully,

Prof. SnehaSankhe Convener, WEGRC

Dr. N. K.Rana

Principal

THEEM COLLEGE OF ENGINEERING Bolsar (East), Tal. & Dist. Palghar-401 501.

Theem College of Engineering, Boisar WOMEN EMPOWERMENT AND GRIEVANCE REDRESSAL CELL

Date: 10/10/2018

Ref: TCE / EST/2018-19/229

To,
Dr. Vijay Patil.
Shri Datta Clinic And Diagnostics Center,

* Subject: Thanksgiving to Dr. Vijay Patil.

Dear Sir,

We are very glad to thank you for presenting yourself in the "Self Defence" workshop and being as a Resource Person to deliver a Lecture on the programme. Your speech enlightened our faculty and Girls students on topic "Stress Management and Mental Health"

We always expect the same kind of coordination and cooperation in future.

Thanking you

With best regards

Yours faithfully,

Prof. Sneha Sankhe Convener, WEGRC BOBAR BEAR

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Dr. N. K. Rana
Principal
PRINCIPAL

THEEM COLLEGE OF ENGINEERING Bolear (East), Tal. & Dist. Palghar-401 501



H. J. Thim Trust's Theem College of Engineering, Boisar

Women Empowerment and Grievance Redressal cell

Date: 10th October- 12th October, 2018

Name of the Activity: 3 DAYS WORKSHOP ON "SELF DEFENCE"

Report on 3 DAYS WORKSHOP ON "SELF DEFENCE"

As per the directives from Women and Child Welfare Committee of Maharashtra Legislative Assembly and Department of Students' Development, Vidyapeeth Vidyarthi bhavan. Churchgate, Mumbai, GR No: SW/06/ of 2018 University of Mumbai, our Women Empowerment and Grievance Redressal cell (WEGRC) of H. J. Thim Trust's, Theem college of Engineering, Boisar organized 3 days' workshop on 'Self-defence' for girl students.

Rape, molestation, kidnapping and murder are the most common forms of crime against women in India. The women in India are also vulnerable to acid attacks and eve-teasing. The mind-set of the people, including the victim and the spectator, is to ignore and just let it go. But, what we, as the responsible citizens of an independent country, fail to realise is that these instances of harassment can flare up into other bigger heinous crimes against women. And that is when the importance of learning self-defence techniques for women is felt.

Our priority was to design a program that would incorporate orientation, awareness, introduction to defence techniques with their demonstration and group discussion.

Day One, 10th October, 2018:

Topic: Stress Management and Mental health.

Resource Person: Dr Vijay Patil (BAMS)

As per World Health Organization (WHO), World Mental Health Day is observed on 10th October every year, with the overall objective of raising awareness of mental health issues around the world and mobilizing efforts in support of mental health.

Dr. vijay Patil explained how learning self-defence can work wonders in managing stress levels, discipline and social anxieties for people of all ages and skill levels. Yoga and Martial arts helps in controlling your anger at work, or focusing your mind when trying to study. The skills learned in self-defence are highly beneficial in controlling emotions and impulses which impacts everyday life and reflect greatly in overall mental wellbeing.

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THEEM COLLEGE OF ENGINEERING
Bolsar (East), Tal. & Dist. Palghar-401 501

Day Two, 11th October, 2018:

Topic: Introduction to Self Defence techniques and its Demonstration

Trainer: Mr Akash Bhoye (Mix Martial Arts Academy)

Trainer stared with their orientation in which he stated that Prevention Is the Best Self-Defence with that he explained personal security precautions. Training began with five minutes of moderate level warm up and stretching.

How to Get Loud and Push Back, how to aim for the parts of the body where you can do the most damage easily: the eyes, nose, ears, neck, groin, knee, and legs were demonstrated by Trainer.

He also explained and demonstrated that how to maximize the damage by the Use of your elbows, knees, and head as well as use of everyday objects and Leveraging your weight (using Jujitsu and other techniques where a smaller person is able to defeat a larger one).

Trainer demonstrated Moves for Getting Out of or Defending against Common Holds or Attacks by Wrist Hold, Front and Back Choke Holds, Bear Hug, Mount Position and Sexual Assault.

Day Three, 12th October, 2018:

Session 1:

Topic: Demonstration and practise session of self Defence Techniques

After the long session of self-defence training on 11th October, on next day girl students were presented with scenarios that may potentially amount to either a person-to-person nuisance or hostile environment situation. Students were then asked to use a techniques learned under each scenario, most accurately represented their initial thinking and response.

Session 2:

Topic: Group Discussion on "Teaching women self Defence is the only way to reduce sexual assaults".

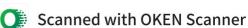
Prof. Rosy Bhoi and Prof Sanketi Raut, WEGRC members of diploma were invited to judge the competition. The group discussion was conducted among 13 teams of students. There were three rounds, where the time distribution for each round was 3 min., 5 min and 7 min., respectively. The students were judged based on some of the parameters that included Language, Body language, Voice Tone and Pitch, Group Behaviour, Fluency, team Spirit. In the first round, there were thirteen groups, among which four groups were shortlisted for round II. Then from round II, two groups were shortlisted for the final round.

Prof. Rosy Bhoi and Prof. Sanketi Raut shared their experience and also guided and highlighted key points that are to be remembered during participating in such kind of events for better progress. They were to keep the session interactive EGA

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Boisar (East), Tal. & Dist. Palghar-401 501



Advocate Mrs. Shweta Metakari, Palghar Court was invited as an expert speaker on "Laws of Women Safety "on 15th October organized by WEGRC. Advocate mam declared final result of competition and gave away the prizes to the prize-winners by encouraging them to participate still more enthusiastically.

Sr. No	Name of students	Year/ Branch
	Winner	Dianell
	Group No: 3	3
1	Durga Bhoi	TE/Civil
2	Riddhi Rathod	TE/Civil
3	Samrudhhi Pimple	TE/Civil
4	Ankita Kadam	TE/Civil
	1st Runnow U	
	1st Runner U)
1	Group no: 7	
2	Group no: 7 Shweta Sanvatsarkar	BE/IT
	Group no: 7	

Students were required to share their feelings toward the issues, and encouraged to discuss openly their reasons for making their choices. Feedbacks received from participants after having attended the workshop were mostly positive. Comments received mainly expressed a new sense of ownership of the topic and an appreciation of taking responsibility for the ultimate purpose of the workshop rather than being imposed by a set of imported moral theory.

The College is of the view that our girl students should be given more opportunity to learn about self-defence, as an essential element in their cognitive moral development. We found that women's self-defence workshop significantly affected girl's levels of confidence

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(MIX MARTIAL ARTS)



@PROFFESIONALLY FOCUS ON WEIGHT LOSS PROGRAM, NUTRITION & fitness trainer.

*SELF DEFENCE SESSIONS FOR SPECIALLY GIRLS
CHIEF INSTRUCTOR; MR.AKASH BHOYE
(BLACK BELT 2Nd dan)

International player,national refree

Contact no: 9168674926

Email:-Abhoye7@gmail.com







Theem College of Engineering, Boisar

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Boisar Chilhar Road, Boisar (E), Taluka-Palghar, Dist. Thane – 401 501. Tel: - (02525) 284909 Tele Fax No: - (02525) 284927* Email: info@theemcoe.org * Website: WWW.theemcoe.org

CIRCULAR

DATE: 11/10/2018

All females (teaching staff, non-teaching staff and girl students) are hereby informed that the Seminar on the topic "Laws of Women Safety" will be held in the college seminar hall, 2nd Floor at 11:00 am on 15th October, 2018.

All above mentioned are requested to attend the programme.

Prof. Sneha Sankhe Convener, WEGRC Dr. N. K. Rana PRINCIPAL

PRINCIPAL
THEEM COLLEGE OF ENGINEERING
Boisar (East) Tai Paighar, Dist-Thane 40150

CC to:

1) All HODs

2) FE Coordinator









H. J. Thim Trust's Theem College of Engineering, Boisar

Women Empowerment and Grievance Redressal Cell

Permission Letter

Date: 10/10/2018

To
The Principal
Theem College of Engineering
Boisar

Subject: Seeking permission for a guest lecture on "Laws of Women Safety".

Respected Sir,

I am Professor Sneha Sankhe, the convener of Women Empowerment and Grievance Redressal Cell. Our cell is Organizing a guest lecture on "Laws of women safety" for the benefit of girl Students of FE, SE, TE, BE and female faculty members. The main objective of this activity is to enable girl students to know their rights.

I request you to give us permission for the guest lecture on "Laws of Women safety".

With best regards

Yours sincerely

Prof. Sneha Sankhe

Convener, WEGRC

Dr. N. K. Rana

Principal

Enclosed:

- 1) Letter of Acceptance from Resource person
- 2) CV of the Resource Person
- 3) Schedule of the activity







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Ref No. TCE/EST/2018-19/229 A

Date: 10/10/2018

To, Ms. Shweta Metkari Advocate Palghar.

Subject: Request to be a Resource Person for "Laws of Women Safety" on 15/10/2018.

Dear Madam,

Theem College of Engineering is a premier Engineering Institute of H.J. Thim Trust at Boisar, Taluka Palghar, conducting graduate Engineering Program in Computer Engineering, I.T. Engineering, Electronics Engineering, Electronics & Telecommunication Engineering, Mechanical Engineering, Civil Engineering, Automobile, Engineering & Electrical Engineering. We also offer Diploma Engineering Program in Computer Engineering, Mechanical Engineering & Civil Engineering.

Theem College of Engineering is organizing an Expert lecture for "Laws of Women Safety" on 15/10/2018.

The Principal, Management, Staff and Students of this Institute shall be obliged and grateful with your gracious presence on 15/10/2018 at 11 AM for the session on "Laws of Women Safety".

We will be honored for your kind consent of accepting our invitation.

With best regards,

Prof. Sneha Sankhe Convener, WEGRC

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Dr. N.K. Rana

Principal PRINCIPAL

THEEM COLLEGE OF ENGINEERING Bolsar (East) Tal. & Dist, Palghar -401 501.



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Schedule

Date: 15/10/2018

Name of Activity: Guest lecture on Laws of Women Safety

Time	Agenda
11:00 - 11:10	Recitation of Holy Qur'an
11:10 - 11:30	Welcome and introduction of Guest followed by felicitation
11: 30 - 11:40	Opening remarks by Principal Sir
11:40 - 12:30	Address by guest Mrs. Shweta Metkari on Laws of Women Safety
12:30 -12:45	Question answering session and discussion
12:45-1:30	Vote of Thanks by Prof. Sneha Sankhe
1:30-1:35	National Anthem

Prof. Sneha Sankhe Convener, WEGRC



Dr. N.K.Rana Principal



H. J. Thim Trust's Theem College of Engineering, Boisar

Women Empowerment and Grievance Redressal Cell

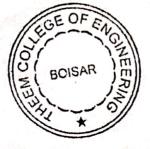
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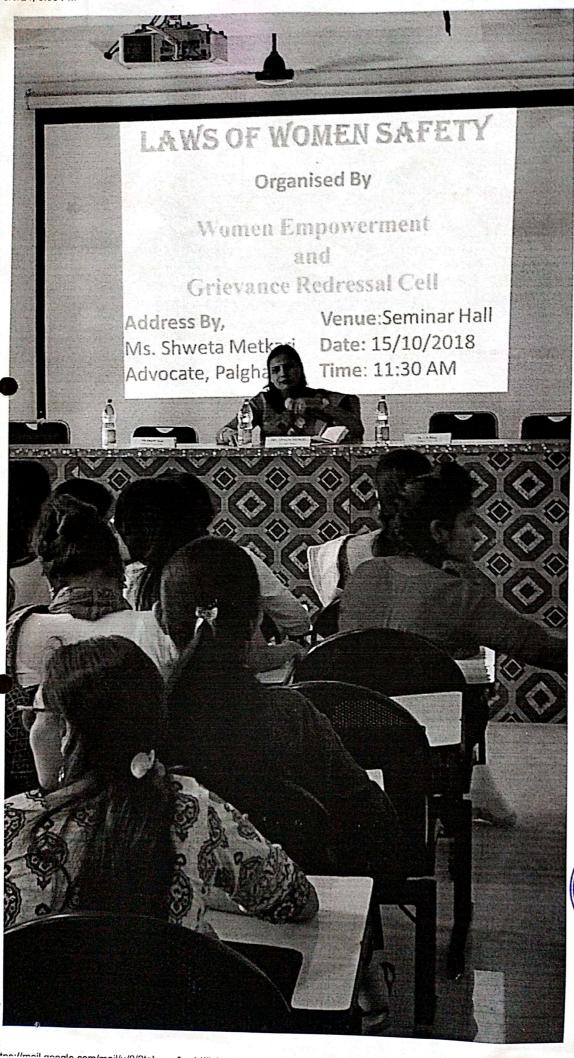
Date:5thOctober, 2018

Name: Workshop on "Laws of Women Safety"

Sr. No.	Name of the faculty	Assigned Task	Student Coordinator	Work to be done by concerned	Sign
1	Mrs.HemalataJangale Mrs.Surekha Attarde	Welcome	Rajavi Raut Shweta S.	Badges& Rangoli	Hemalaty letters
2	Prof. Sneha Sankhe Mrs.HemalataJangale Mrs.Surekha Attarde	Anchoring Team	HumeraGilani Rajavi Shweta S.	Introduction, Vote of thanks and overall stage management	Hemalady Photosof
3	Prof. Awani Sankhe Prof. RuchiRahi	Refreshment Committee	Pratiksha Pimple	Arrangement for Breakfast, Tea	But-
4	Prof. Kosy Bhoi(Diploma) Prof. Jayshree Sali (Electrical) Prof. Tejal Raut(Mech) Prof. TilottamaDevre(EXTC) Prof. Awani Sankhe(COMPS) Prof. RuchiRahi(IT) Prof. Tasneem(CIVIL) Mrs. Vaishali Patil(FE)	Departmental coordination	The state of the s	Coordinating with girl students and other faculty members	Platon Pali
5	Prof. Arbiya Shaikh	Discipline Team	NSS Team (Girls)	Maintaining Discipline	Solings
	Mrs.Surekha Attarde Mrs.HemalataJangale Ms. Pratiksha Wade	Technical Assistance	Pratiksha Pimple	Sound System, Projector arrangement, photography	1 (melat)
	Prof. Sneha Sankhe Mrs.HemalataJangale	Documentation E C C C C C C C C C C C C C C C C C C		Invitation Letter Letter of Thanks Report Attendance Agenda	Hemalaty

Prof. Sneha Sankhe Convener, WEGRC









H. J. Thim Trust's Theem College of Engineering, Boisar Women Empowerment and Grievance Redressal Cell

Date: 15/10/2018

Name of Activity: Laws of Women Safety

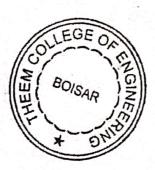
Name of Resource Person: Ms. Shweta Metkari

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3	Rayavi Rout	BECIT)	But-
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Prof. Sneha Sankhe Convener, WEGRC



Dr. N. K Rana

Principal
PRINCIPAL
THEEM COLLEGE OF ENGINEERING
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Ref No: TCE/EST/2018-19/244

Date: 15/10/2018

To Ms. Shweta Metkari, Advocate, Palghar

Subject: Thanksgiving to Ms. Shweta

Dear Madam,

We are very glad to thank you for presenting yourself in the "Laws of Women Safety" and being as a Resource Person to Jeliver a Lecture on the programme. Your speech enlightened our faculty and Girls students on "Laws of Women Safety"

We always expect the same kind of coordination and cooperation in future.

Thanking you

With best regards

Yours faithfully,

Prof. Sneha Sankhe Convener, WEGRC

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Dr. N. K Rana Principal PRINCIPAL THEEM COLLEGE OF ENGINEERING Boisar (East) Tal. & Dist. Palghar -401 501.