

Theem College of Engineering

Approved by AICTE (New Delhi), Government of Maharashtra & DTE
Affiliated to University of Mumbai & MSBTE
"A NAAC Accredited Institute"

Village Betegaon, Boisar Chilhar Road, Boisar (East), Tal. & Dist. Palghar - 401 501.
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Ref. No: - TCE/EST/2022-23/105

DATE: - 21/10/2022

INSTITUTIONAL VALUES AND BEST PRACTICES

7.1 - Institutional Values and Social Responsibilities

Subject: Summary of gender equity promotion programs organized by the institute,

Reference: 7.1.1 Measures initiated by the institution for the promotion of gender equity the during the years.

With reference to above subject, following details of gender equity programs are provided. The details of the activities are enclosed.

Dr. S.Riyazoddin

Principal

THEEM COLLEGE OF ENGINEERING
Bolsar (East), Tal. & Dist. Palghar-401 500

Enclosures

- 1. Program details on "Women's right".
- 2. For additional information links are provided.



INSTITUTIONAL VALUES AND BEST PRACTICES

7.1 - Institutional Values and Social Responsibilities

7.1.1 - Measures initiated by the Institution for the promotion of gender equity during the during. The institute endorses equal opportunities to both boys and girls participating in various scientific, cultural and sport events. The institute celebrates Women's Day to infuse confidence amongst fairer sex. Women Empowerment and Grievance Cell (WEGRC) deals with issues of girls and woman staff. Both boys and girls of the institute have been recognized at college, intercollege, state and national level competitions. "Programme on Self Defence for Girl Students" was conducted by Expert Trainer Mr. Akash Bhoye Founder of Akash's Fitness Reig, Mix martial Arts Academy on the women's day 10th March 2022 in view to promote gender equity.

On occasion of International Women's Day, 8th March 2022, the Poster competition was conducted in association with NSS. The theme of event was "Gender equality today for sustainable tomorrow. 28 students were participated enthusiastically in the competition. Prof. Sonali coordinated the event successfully. Total 28 posters were received from the students based on theme of the event. Prof. Sneha Sankhe, convener WEGRC, accompanied by Prof. Harshal Ahire and Prof. Tilottama Deore has judged the event. Depending on the creativity and originality of the depicted theme, Quality of artistic composition and overall design based on the theme and overall impression of the art two winners were finalized and felicitated.

The institute's WEGRC and "Anti-ragging Committee" assure the Safety and Security of staff and student's grievances. The institute campus is fully monitored by CCTV cameras which ensure 24X7 safe and secure campus.

Counselling is an important step to nurture students' academic and technical related activities. We systematically follow the counselling to give professional advice to students about the technical studies and practices, and the problem which they are going to face while practicing technical matters. To manage this, the institute formed a Mentor-Mentee System.

The institute has separate Common rooms for both boys and girls with an adequate facility that makes students comfortable. The facility of sanitary napkin vending machines are provided at ladies room.







Girls Common Room







H.J.THIM TRUST'S

THEEM COLLEGE OF ENGINEERING

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According

Organised by WEGRC (Women Empowerment and Grievance Redressal Cell)

Workshop on 'Self Defence for Girl Students'

On Thursday, 10th March. Time: 11:00 AM Venue: Gym Hall , Above Cafeteria

rainer

Expert Trainer:

Mr. Akash Bhoye

Founder,

Akash's Fitness Reig, Mix martial Arts Academy.





Patrons:

Mr. Sharif A. Thim | Dr. N.K. Rana | Dr. Aqueel A Shah

Head, WEGRC
Prof.Sneha Sankhe



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Women Empowerment and Grievance Redressal cell

Report of Workshop on Self Defence.

Event: Workshop on Self Defence

Trainer: Mr Akash Bhoye (Fitness Reig, Mix Martial Arts Academy)

Date- 10th March, 2022

Timing: 11 AM onwards

Venue: Gym Hall, above cafeteria

The workshop started with an introductory speech by Prof Sneha Sankhe, Convener, WEGRC. She highlighted the key points why such kinds of workshops are required to sensitize our girl students to self-protect themselves in public places as well as at home. She also pointed out that this is the demand of the hour as we can relate ourselves to the news items of domestic violence, eve-teasing cases and other severe forms of violence against women and children which is pouring in on a day to day basis. Prof

Trainer started with their orientation in which he stated that Prevention Is the Best Self-Defence with that he explained personal security precautions. Training began with five minutes of moderate level warm up and stretching.

How to Get Loud and Push back, how to aim for the parts of the body where you can do the most damage easily: the eyes, nose, ears, neck, groin, knee, and legs were demonstrated by Trainer.

He also explained and demonstrated that how to maximize the damage by the Use of your elbows, knees, and head as well as use of everyday objects and Leveraging your weight (using Jujitsu and other techniques where a smaller person is able to defeat a larger one).

Trainer demonstrated Moves for Getting Out of or Defending against Common Holds or Attacks by Wrist Hold, Front and Back Choke Holds, Bear Hug, Mount Position and Sexual Assault.

About 69 girls and 13 staff attended this workshop and got benefitted. The vote of thanks was given by Prof. Sneha Sankhe convener of WEGRC. Expressing her gratitude she thanked the Mr. Aakash Bhoye and Fitness Reig, Mix Martial Arts Academy team for their support and timely presence at the venue on the date of the workshop.

Prof. Sneha Sankhe Convener





Dr Aqueel Shah
PrinkpapAL
THEEM COLLEGE OF ENGINEERING
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H. J. Thim Trust's Theem College of Engineering, Boisar Women Empowerment and Grievance Redressal Cell

Date: 10/03/2022 , 10th MARCH, 2022

Name: Self Defence for Girl Students

Name: Mr. Akash Bhoye

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Dear Students.



Warm Greetings from

Theem College of Engineering, Boisar



On the occasion of *International Women's Day*, WEGRC (Women Empowerment and Grievance Redressal Cell) in collaboration with *Akash's Fitness Reig, Mix martial Arts Academy* is organizing a workshop on *'Self Defence for Girl Students'* on 10th March,





Link to register for the workshop: https://forms.gle/na981QFJx3DVNL1j8



Date: *10th March, 2022 (Thursday)*



Time: *11:00 AM onwards*

Venue: *Gym Hall, Above Cafeteria*

Patrons Mr. Sharif A. Thim Dr. N. K. Rana Dr. Aqueel A Shah

Head, WEGRC Prof. Sneha Sankhe



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WEGRC (Women Empowerment and Grievance Redressal Cell)



in association with NSS

HAPPY

INTERNATIONAL WOMEN'S DAY

8" MARCH

POSTER MAKING COMPETITION

Theme * Gender equality today for a Sustainable Tomorrow *

Poster can be uploaded on or before 08th March, 2022 (Tuesday) Till 11 am

Patrons:

Mr. Sharif A. Thim | Dr. N.K. Rana | Dr. Aqueel A Shah

Head, WEGRC:

NSS Programme officer:

Prof. Sneha Sankhe

Prof. Arbiya Shaikh



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Women Empowerment and Grievance Redressal cell

Report of Poster Competition

Event: Poster Competition organized on occasion of International Women's Day, 2022.

Theme: "Gender equality today for sustainable tomorrow"

Date: 8th March, 2022.

Judges: Prof. Harshal Ahire, Prof. Tilottama Deore.

On occasion of International Women's Day, 2022, the Poster competition was conducted in association with NSS. The theme of event was "Gender equality today for sustainable tomorrow. 28 students were participated enthusiastically in the competition. Prof. Sonali coordinated the event successfully. Total 28 posters were received from the students based on theme of the event. Prof. Sneha Sankhe, convener WEGRC, accompanied by Prof. Harshal Ahire and Prof. Tilottama Deore has judged the event.

Depending on the creativity and originality of the depicted theme, Quality of artistic composition and overall design based on the theme and overall impression of the art two winners were finalized and felicitated.

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Prof. Sneha Sankhe Convener

Dr Aqueel Shah PAHAGHAL THEEM COLLEGE OF ENGINEERING Bolsar (East), Tal. & Dist Palghar-401 501



Date: 08/03/2022

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Upload Poster here on theme "Gender Equality Today for a Sustainable Tomorrow." https://drive.google.com/open?id=1xjLCqnnUuzJ_dCpGMQT2vnURW9MhHpjq https://drive.google.com/open?id=1wqNddGws 7kOpisVEkH1bywXMCDJbEbA https://drive.google.com/open?id=19B3UciwrnyRpA8Wq8uFcd_1KWZOvqxJx https://drive.google.com/open?id=1F0e7tb0DHPJ2X35bPWJMXLILHZ7LTknt https://drive.google.com/open?id=19VYG8COzbdceuYJ8JBltN3R mis9HwKH https://drive.google.com/open?id=1EmNFADachFwdk_ugFy9dWrM-Umfxx1i9 https://drive.google.com/open?id=1C9L8qy1tkVmKOhZsz3hpgludwmT6sY8B https://drive.google.com/open?id=1lx5ZEZMca4HJWqp803fUDaAqKJ-wtG5i https://drive.google.com/open?id=1-L8Nt97IScA-HriWhFqDzGMyFQ2Gy86Y https://drive.google.com/open?id=1tasuN3SSrAf-TZ7g6nD4RxKnYMjmXpFD https://drive.google.com/open?id=1pWewYni17LosXbtTy76ANRafOhg1dXcC https://drive.google.com/open?id=1jqsw7-02chYpQb6FNuFPi3d9uz T9Cub https://drive.google.com/open?id=1f4c01U5IIDJw72OSv-g5VxSqis-mMO2 https://drive.google.com/open?id=1lw4GAGy_HBy1EaufF0fkzTK0Juzk2qS3 https://drive.google.com/open?id=1y3kez4R1LkwFFL-WlxR-miBAvyqJqUbi https://drive.google.com/open?id=1l9w/TNLa0-v/EPY2i5E1ngqvvSje2-M4 https://drive.google.com/open?id=1k2L_Jqk3TQFb3_9dmal-xJ0dwyhoIrIP https://drive.google.com/open?id=1Ygcwnar4d068cQT5ixdflhcyag41Jrl5

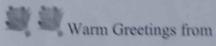








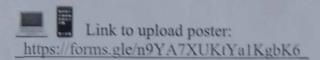
Dear Students,



Theem College of Engineering, Boisar



On the occasion of *International Women's Day*, WEGRC (Women Empowerment and Grievance Redressal Cell) in association with NSS organizing a poster competition on *'Gender equality today for a Sustainable Tomorrow'*.





Date: *on or before 08th March, 2022 (Tuesday)*

Time: *till 11:00 AM*

Patrons Mr. Sharif A. Thim Dr. N. K. Rana Dr. Aqueel A Shah

Head, WEGRC Prof.Sneha Sankhe

NSS Coordinator Prof. Arbiya Shaikh

Note: E Certificate will be provided to each participants.

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